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See page 19 for information on the MAP Pass service interruption.

### **Registration Opens Monday, December 16!**

Registration starts at 10 am. Most programs require registration. Please register at poklib.org/events or (845) 485-3445, x3707 for adult, x3320 for youth, x3321 para español.

# Important: We have a new online calendar!

You can now browse and register for upcoming programs from our new library calendar, still accessible from the same link on **poklib.org** ▶ Events ▶ Calendar of Events & Programs.

We hope that this new interface will provide a more userfriendly experience.

Visit poughkeepsie.librarycalendar.com or scan the QR code to be taken directly to the new calendar site.



Program is recorded Program is not recorded Rover stop



### **Upcoming Closures**

New Year's Day

• Wednesday, January 1

Dr. Martin Luther King, Jr. Day

• Monday, January 20

Presidents' Day

• Monday, February 17

### **Registration Policy**

Due to the number of no-shows at our events, which prevent people from participating, you must respond to the email that you will receive one week before the program in question to confirm your intent to attend. Your registration is not complete or valid without this verification. If your plans change after that verification, please deregister.

## Photography Policy

The Library often photographs or videotapes programs for use in publicity materials. By being present during these activities, you consent to use of your appearance or likeness by the Library, and its licensees, designees, or assignees, in all media, worldwide, in perpetuity. To ensure the privacy of individuals and children, images will not be identified using names or personal identifying information without written approval from the photographed subject, parent or legal guardian.

On the Cover: An interior scene at Olana, home of Hudson River School artist Frederic Church and New York State Historic Site. Photo: JodieAnne Sclafani

# About =

#### Adriance Memorial Library (ADR)

93 Market Street

Poughkeepsie, NY 12601 Mon-Thu: 9 am - 8:30 pm

Fri & Sat: 9 am -5 pm  $\overline{S}$ un: 2-5 pm Free parking and easy access off Noxon Street

GPS locator: 22 Noxon Street

#### Boardman Road Branch Library (BRD)

141 Boardman Road Poughkeepsie, NY 12603 Mon–Thu: 9 am – 8:30 pm Fri & Sat: 9 am – 5 pm Sun: Closed

#### Sadie Peterson Delaney African Roots Branch Library (SPD), Family Partnership Center

29 N. Hamilton Street, Room 224

Poughkeepsie, NY 12601 Mon, Wed, Fri: 9-5 pm Tue & Thu: 1-5 pm Sat & Sun: Closed

Hours may be liable to change; we suggest checking our website before a visit if you're not sure.

#### Friends' Book Store x3423

141 Boardman Road, at rear of Library Tue, Thu, Sat: 10 am - 4 pm

### poklib.org

**Giving** poklib.org ▶ Your Library Email administration@poklib.org

Poughkeepsie Public Library District

@PokLibNY 
 X @PokLib

#### **Board of Trustees** (effective January 1)

Dianne Blazek, Town, President Sean Eagleton, Town Patricia Ferrer-Medina, Town Moira Fitzgibbons, City, Vice President Sheila Newman, City Jonathan McPhee, City Deborah Nichols, Town James Nurre, Town Patricia Ryan, Town, Treasurer Laurel Spuhler, City, Secretary

#### **Library Director** Tom Lawrence

#### **Editorial Staff**

Michele Muir, Editor Cassie Bailey, Assistant Editor Karen Fredrickson, Co-Editor Charlotte V. Michael Tramontana, Designer & Co-Editor

The Poughkeepsie Public Library District will have vibrant libraries where people want to be. It will meet the needs of a diverse and growing constituency by providing services and partnering with other community organizations. The Board of Trustees and the staff will work together to serve the public and to respond to the changing nature of library services.

# **Black History**



Souls United of the Hudson Valley, founded in 2010, is an interfaith gospel choir composed of members from the Mid-Hudson Region. Their repertoire consists mostly of music from Christian, Baha'i and other faith traditions, as reflected by the choir's membership. *No registration required*.



Madam C. J. Walker: The First Black Female Millionaire

Tuesday, February 18, 7 pm, Virtual ➤

Born in 19th century rural Louisiana to former slaves, Sarah Breedlove rose to become the first female, African-American, self-

made millionaire in the United States. Presented by Rick Feingold, of Bergen Community College. *Registration required*.

#### In Concert: Beacon Jazz Lab

Saturday, February 15, 2:30 pm, Lateef Islam Auditorium, FPC

Formed in May of 2018, the Beacon Jazz Lab plays a variety of jazz and pop jazz tunes. Rich Dambra on saxophones, Hank Greenblatt on bass, Rich Gugumuck on electric guitar, Bev Poyerd on keyboards, and Gary Torres on drums. *No registration required*.

### **Book Club Selections**

## **Graphic Novel Book Club**

Select Thursdays, 7 pm, Virtual 🦱



Registration required.

February 13: Wake: the Hidden History of Women-Led Slave Revolts by Rebecca Hall

Beacon

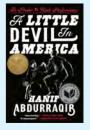
Wake brings to light for the first time the existence of enslaved black women warriors

whose stories, and reconstructs the likely past of two female rebels, Adono and Alele, on the slave ship *The Unity*.

#### **Books & Brews Book Club**

Select Wednesdays, 7 pm, Juan Murphy's Pub (796 Main Street)

Contact Kira Thompson at or x3350 kthompson@poklib. org for details. *No registration required.* 



# February 19: A Little Devil in America by Hanif Abdurraqib

With sharp insight, humor, and heart, Abdurraqib examines how Black performance happens in specific moments in time and space — from midcentury Paris to the moon, then back down again to a cramped living room in Columbus, Ohio.

See page 5 for the January dates of both book clubs!



# POUGHKEEPSIE CHILDREN'S BOOK FESTIVAL

Save the Date! March 29 at DCC

Books for sale. Free book voucher for every child. 100+ authors, illustrators, characters, and activities!



# Free Resources!

\*Open to PPLD resident cardholders only.



#### Arts & Entertainment Streaming

Access Video On Demand\* movies

**Creativebug**★ online instructional craft videos

Freegal\* music streaming service

The Great Courses\* lectures from esteemed professionals

**Hoopla\*** movies, music, e-books, audio books, and comics

IndieFlix\* stream thousands of titles

**Kanopy**<sup>★</sup> stream thousands of titles

**Qello\*** stream the greatest concert video moments

#### **Business & Personal Finance**

Business Insights: Essentials (Gale) company profiles, industry rankings, products, brands, stock prices

**Entrepreneurship** (Gale) full-text, subject-appropriate periodicals **Reference Solutions** business and residential directory (formerly Reference USA)

Value Line Investment Survey publicly traded stocks, with history and risk analysis – no remote access

#### Career & Job Search

**JobNow** create a resume, hone your interview skills, search for jobs Library District's Job Search webpage job seeking resources Vocations & Careers (Gale OneFile) journals and career guides

#### **Education**

Educators Reference Complete (Gale OneFile) periodicals covering preschool to college and most educational specialties Elementary (Gale In Context) fun topics and reliable facts Scholastic ScienceFlix\* 8,000 digital science-related videos, texts, projects, and interactive features for grades 5-9 **Scholastic Teachables\*** *printable lessons and activities for every* age, grade, or skill level

**Español / Spanish** 

Britannica Escolar Contenido en español preciso y apropiado para la edad para hablantes nativos de español, estudiantes bilingües y estudiantes que aprenden español. Disponible en dos niveles: Britannica Escolar Primeria y Britannica Escolar Secundaria

Informe Académico (Gale OneFile) la interfaz en español brinda acceso a revistas académicas en español y portugués tanto de América Latina como sobre ella

Transparent Language Los estudiantes de idiomas pueden desarrollar vocabulario, practicar habilidades y mantener lo que han aprendido disponible en cualquier momento y en cualquier lugar en más de 110 idiomas

#### Genealogy

African-American History Online\* 500 years of African American history with primary sources

**Ancestry.com** census, birth, marriage, death records, and more – no remote access **Dutchess County Clerk Ancient Document Search** 

legal documents from the eighteenth-century HeritageQuest census records and other documents for genealogy and family research. Offsite access limited to PPLD residents.

NYS Historic Newspapers Project newspapers reflecting NY history

#### Current Affairs

CQ Researcher issues covered factually offering pro/con viewpoints Opposing Viewpoints (Gale in Context) today's hottest social issues

#### **Health & Wellness**

e-Resources on General Health general health and nutrition resources compiled and vetted by the National Library of Medicine Health & Medicine (Gale OneFile) articles on general health issues

#### **Language Learning / ESL Learning**

**Transparent Language** language learning service – replaces Mango

#### Law

Legal Forms (Gale) access a wide selection of state-specific (and multistate) legal forms and resources across the most popular legal areas

#### Newspapers, Magazines, & Journals

Academic OneFile (Gale) over 17,000 publications on a variety of subjects African-American History Online\* 500 years of African American history with primary sources

**Elementary** (Gale In Context) fun topics and reliable facts for kids General OneFile (Gale) news covering general interest topics, updated daily Historical New York Times 1851 through 2005, searchable by keyword or date. Offsite access limited to PPLD residents.

**Libby, by Overdrive** available to all MHLS patrons; however, PPLD residents can access additional premium services and titles. eBooks, audiobooks, magazines, online classes

Middle School (Gale in Context) magazines, newspapers, primary sources, and videos

News (Gale OneFile) - New York Times (1985-present), The New York Post, The Daily News, Albany Times Union, and others NewsBank: America's Historical Newspapers\* three centuries of early American history (1690-1922)

Newspapers.com: New York page-image newspapers that are keyword searchable. Offsite access limited to PPLD residents.

New York Times full-text access from 1985 to the present novelNY journals, magazines

#### **Nonprofit Resources**

Foundation Center and other resources nonprofits can learn how to win more grants. No remote access

#### **Reference Books Online**

African-American History Online\* 500 years of African American history with primary sources

American Indian History Online\* primary sources on Indigenous history Gale Virtual Reference Library (GVRL) searchable electronicformat reference books

Britannica Academic Encyclopedia Online magazines, periodicals,

**Salem Press Reference Titles** American Book of Days; Famous First Facts: Great Lives From History: Inventors & Inventions: Cyclopedia of Literary **Characters** 

#### Technology

Computer Science (Gale OneFile) publications about computer, electronics, telecommunications industries

# Books, Writing, & More

### **Exercise Your Writing**

Sunday, January 5, February 2, 2 pm, ADR

Exercise your writing in this workshop where you receive prompts, write, and then share what you wrote with the group. Please bring a notebook and preferred writing implement. Facilitated by Billy Herman. No registration required.

### An Evening of Poetry

Select Thursdays, 7 pm, ADR

Featured poet followed by an open mic. No registration required.

January 16: James Weissman February 20: Gordon Riggs

# Join a book club!

#### **Graphic Novel Book Club**

Select Thursdays, 7 pm, Virtual 🔪



Registration required.

January 9: Sailor Twain by Mark Siegel

As three lives twine together and race to an unexpected collision, the mystery of the "mermaid of the Hudson" deepens.

#### **Books & Brews Book Club**

Select Wednesdays, 7 pm, Juan Murphy's Pub (796 Main Street)

Contact Kira Thompson at or x3350 kthompson@ poklib.org for details. *No registration required*.



January 15: The Art Thief: A True Story of Love, Crime, and a **Dangerous Obsession by Michael Finkel** 

Finkel brings us into master thief Stephane Breitwieser's strange and fascinating world.

See page 5 for the January dates of both book clubs!

### Write, Write, and Rewrite

Saturdays, January 18, February 15, 10 am - 12 pm, Lehman Loeb Museum, Vassar College

Bring copies of your work(s) in progress and receive feedback from your peers. All genres. There is an elevator on the ground floor. *No registration required*.

# **Meet the Author**



Free book! Dan Slepian: The Sing Sing Files Saturday, January 11, 3:30 pm,

Award-winning journalist and author Dan Slepian will discuss

his book, The Sing Sing Files: One Journalist, Six Innocent Men, and a Twenty-Year Fight for Justice. Dan Slepian is a journalist at NBC News and a veteran producer of its signature news magazine, Dateline. For nearly three decades at NBC, Slepian has spearheaded dozens of

documentaries and hiddencamera investigations, and is known for his in-depth reporting about the criminal legal system and, specifically, wrongful convictions Registration required; each

person must register to receive a free copy of Dan's book.



# **Meet the Author**

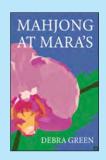


Debra Green: Mahjong at Mara's

Thursday, January 16, 7 pm, BRD Debra Green has always been drawn to good storytelling, especially historical novels and

Broadway musicals. A graduate of Rutgers University and Columbia University's Mailman School of Public Health, she is also

the author of The Convention of Wives. In her latest novel, Mahjong at Mara's, the setting is suburban New Jersey—the quintessential quagmire of coexistence. Presented in partnership with the Jewish Federation of Dutchess County. Registration required.



# **Arts & Entertainment**

### **Open Mic**

Wednesdays, January 8, February 12, 7 pm, ADR

Come out and share your talent with the community or just come and watch! Your hosts are Tina Jaafar and Debora Shon. *No registration required*.

### **Drop-In Sketch Sessions**

Wednesday, January 15, February 19, 10-11:30 am, BRD

This is a group practice session with a critique at the end. There will be a different subject introduced in each session such as still life, contour drawing, outdoors (weather permitting) etc. This is *not* an instructional class. Participants are expected to bring their own drawing utensils and sketchpad. *No registration required*.



# **Library After Dark: A Screening of The Shining**

Friday, January 17, 6-9 pm, BRD (after hours) Snow Date: February 7

Spend a spooky evening at the library — after hours — with a screening of *The Shining* (1980)! Limited light refreshments will be provided but feel free to bring your own snacks and beverages. This film is

rated R, so please take this into consideration before attending. *Registration required.* 

#### Wild Bird Seed Wreaths

Monday, February 3, 6:30 pm, ADR

Join local gardener Jessica Williams as we learn how to make wreaths that will delight your feathered friends! We'll start with a grapevine base and fill it with apples, peanuts, and sunflower seed heads tucked among decorative dried flowers and evergreens. Suet balls, seeded pine cones, and dried oranges will keep your feathered friends happy through the long winter nights! *Registration required*.

# Hollywood Valentine: Married in the Movies Monday, February 10, 7 pm, Virtual

Many beloved Hollywood classics featured wedding scenes, and in real life, many film stars also happened to have eagerly anticipated weddings. Join Film Historian Dr. Annette Bochenek as she presents memorable classic film wedding moments, both on the screen and off. The program will include a multimedia presentation consisting of photos, video clips, and captivating stories. *Registration required*.

# **GALLERY EXHIBITS**

### ADRIANCE MEMORIAL LIBRARY

### **Emily Giancarlo**

November 21 - January 30, Rotunda



Celebrating the African Spirit

February 1 - 28, Ground Floor

#### **BOARDMAN GALLERY**



Jenny Sweeny

January 9 - April 29

**Artist Talk:** Thursday, January 16, 6 pm, BRD *Registration required.* 

#### SADIE PETERSON DELANEY

Rock & Mineral Collection of Kayleigh Hartnett January 2-28

**Celebrating the African Spirit** 

February 1-28

# L'chaim!

### **Jewish Cooking & Culture Series**

The Jewish Federation of Dutchess County, in partnership with PPLD, invites you to a unique five-part series blending Jewish culinary traditions with rich cultural insights. Stay tuned in throughout 2025, as each session will feature a talented speaker who will bring Jewish cooking to life.

#### Is It Kosher?

Sunday, January 19, 2:30 pm, ADR

We'll unravel the secrets of kosher cooking and traditions. Don't miss out on this mouthwatering opportunity to gain new culinary skills, and connect with the community! *Registration required*.

# **History & Travel**

# 19th Century Main Street: A Tour in Pictures Wednesday, January 15, 7 pm, ADR

Travel through time to visit Poughkeepsie over 100 years ago. This presentation will give you a perspective of what life on Main Street was like during the mid 19th century, to early 20th century. *Registration required*.

# Fala D. Roosevelt: Presidential Pooch

Tuesday, February 4, 7 pm, Virtual 🔪

Fala was the President's faithful Scottish terrier, who brought much needed fun and distraction to the warweary President. This program is presented by Jeffrey Urbin of the FDR Presidential Library & Museum. Registration required.

# **Exploring Your Family Tree** Friday, February 7, 3 pm, ADR

Join Historian Shannon Butler as she demonstrates a variety of resources that are available for researching family history. Shannon will provide a general overview of several free open-source websites, subscription databases available with your library card, and physical materials accessible in the Genealogy Room at Adriance Memorial Library. *Registration required*.

# Travelogue: Iceland Through My Heart Thursday, February 20, 6:30 pm, Virtual ▶

Take a one hour trip 66 degrees north and be overwhelmed by the landscape, nature, and people of this breathtaking country, which boasts 100% literacy, is the home of the first Parliament established in 930 AD, and possesses the cleanest air and water on our planet. Presented by Gerri Griswold, an educator from the White Memorial Conservation Center in Litchfield, CT. *Registration required*.

# Staff Spotlight: Krista Miller

Meet an Adult Services Librarian who has been with PPLD for 8 years.

# How would you describe your position?

I am an adult services librarian with a focus on adult programming. I do all of the librarian things (book ordering, reference help, outreach, and tech help) as well as plan programming for our adult patrons.

# What do you like the most about your job?



My goal is to create interesting programs that are educational but also fun. I've done everything from escape rooms to outdoor movie nights to lectures about ghost hunting. I believe that our library programs are a great way for patrons to learn something new and are also a way to socialize with other community members. I really enjoy the planning process and I am always looking to try something new. It's very satisfying when everything comes together and the program is a success. I very much appreciate the positive feedback I receive from program attendees. I look forward to providing our community with more programming in the future!

# Can you share a personal fun fact?

I enjoy homebrewing in my spare time. I've made beers, ciders, and meads. Some of my creations don't always come out perfect but it's fun to try out new recipes and get feedback from my friends and family.

# **Health & Wellness**

#### Free Tai Chi

Fridays, 9:15-10:15 am OR 10:30-11:30 am, BRD

Free Tai Chi is a public outreach class offered by Complete Reality Tai Chi to promote the health and spiritual benefits of our practice to our community. Taught by Karen Abramson, Certified Free Tai Chi Instructor. Space is limited; first come, first served. *No registration required*.

#### **Virtual Narcan Training**

Tuesday, January 14, February 11, 6 pm, Virtual 🤍

The Dutchess County Department of Behavioral & Community Health online training session explains how/when to administer Narcan. Naloxone (Narcan) is a medication that reverses an overdose by blocking heroin or other opioids in a person's brain for 30 to 90 minutes. While there is no age minimum for the training, only those 18 years of age and older are eligible to receive a free Narcan kit post-training. Kits will be available from Krista Miller at Adriance Memorial Library. *Registration with birth date required. A link will be emailed prior to the training.* 

### **Garden Enthusiasts Meetup**

Tuesday, January 14, February 11, 6-8 pm, BRD

Come and spend an evening every month with fellow gardening enthusiasts in a casual, laid-back atmosphere! You'll be able to exchange ideas, share experiences, and promote the joy of gardening. Whether you are experienced, a beginner, or just love to garden, all are welcome! *No registration required*.

# How to Get What You Want as a Consumer Wednesday, January 22, 7 pm, Virtual

Learn to speak up and successfully advocate for yourself when dealing with consumer issues. Using what you learn in this class will give you the confidence, empowerment, and skills to become a good consumer... and get results. *Registration required*.

# On Your Feet! Joyful Strategies for Managing Neuropathy

Wednesday, January 22, 10 am, BRD

Certified IAYT yoga therapist Terry Roth Schaff and Qigong and Tai Chi teacher Karen Abramson invite you to join them to learn ways to wake up your fingers, hands, heels and toes, and any other part of you that has fallen asleep from neuropathy. Improve your balance, posture, gait, and ease in movement. Terry and Karen have been teaching together for over a decade. Note: No previous yoga or Tai Chi experience is required. *No registration required*.



# DIY Away the Winter Blahs Mondays, 6:30-7:30 pm, ADR

Pamper away the winter blues by making simple spa potions and lotions for relaxation. No registration required. Drop in any time between the designated start and end times!

January 27: Soaking Salts
February 24: Brown Sugar Hand and Body
Scrub

### **Cultivating Compassion: Loving-Kindness Meditation & Reiki**

Wednesdays, January 29, February 26, 6:30 pm, ADR

Join Ann Byrne from Hudson Valley Meditation and Reiki for a heart-centered workshop focused on developing compassion for oneself and others through loving-kindness meditation, enhanced with Reiki energy healing. Ann will also include educational instruction about meditation. Registration required; please register for only one session.

### **Defensive Driving**

Saturday, February 1, 9:30 am, BRD

Completing the course may provide a 10% discount on your auto insurance as well as the elimination of up to 4 points from your NYS license. Cost: \$35/person, Cash Only (exact change)—no credit cards or checks accepted. Bring your own lunch and pen. Pay the day of the class. The instructor is Staci Cussick. Registration required. Each person must register separately.

See page 19 to learn about New Year Self-Care with Library Resources!

# Connecting

# **Drop In!**

#### **Board Games**

Mondays, 1-4 pm, BRD

Bring a friend and play games like SCR ABBLE®, Mah Jongg, or cards!

#### **All-Ages Chess Club**

Monday, January 6 - February 10, 5-7 pm, BRD

Explore the enigmatic world of chess by playing against and learning from others in our community. Bring your own board, or play on one of ours! All ages welcome. *No registration required*.

#### **Brain Games**

Fridays, January 3, 10, February 7, 14, 10-11 am, ADR

An hour of assorted thinking games in a group setting. No judgment; just socialization and fun challenges!

### **Knitting Circles**

Bring your knitting and/or crocheting projects to the library and share your tricks and tips with others. *No registration required*.

#### **Stitch Your Heart Out**

Fridays, 10 am - 12 pm, BRD

#### **Pick Up Stitches**

Saturdays, 10 am - 12 pm, BRD

#### JAMZ!

Strum and sing songs with other enthusiasts in a fun and relaxed environment! Players of all abilities are welcome. Bring some favorite songs to share. Please bring your own instrument. *No registration required*.

#### **Guitar Circle**

Tuesday, January 14, February 11, 10 am – 12 pm, BRD Ukulele Strumalong

Tuesday, January 28, February 25, 6-8 pm, BRD

#### **Paper Crafting**

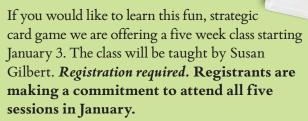
Thursdays, January 23, February 27, 6:30-8:30 pm, ADR

Come work on your paper craft with other paper lovers. Bring your own project and materials and/or use materials the library will provide. *No registration required*.

### **Canasta**

#### Class: Learn Modern American Canasta

Fridays, January 3, 17, 24, 31, 1:30 pm, BRD



# Play Modern American Canasta Fridays in February, 1:30-3:30 pm, BRD

Come play Canasta with other Canasta enthusiasts. Please bring your own cards. *No registration required*.



# Get the PPLD App!

Download the new Library District app, PokLibNY, for easy access to all your library needs! Use it to search the catalog, manage your account, download eBooks and audiobooks, place holds,

library hours and directions, and stay connected with us on social media.



### **Brain Games for Seniors**

Work that muscle in your noggin with us! Enjoy memory games, trivia, learn something, share something, maybe even a song!

renew materials, check

# Office for the Aging Friendship Center

(114 Delafield Street)

Thursday, January 16, February 13, 12:30-2 pm

Please call Cindy at the Office for the Aging at (845) 486-2564 for registration and lunch information.

# Town of Poughkeepsie Senior Center

(**TOP**) (14 Abe's Way)

*Tuesdays, January 21, February 18, 10:30 am – 12 pm* Seniors 55+. Sign-up sheet at the Senior Center. *No* 

registration required.



# **Public Computer Center**

The PCC offers drop-in lab time and free classes to address all your technology needs. All events are in the Marcotte Computer Lab on the Main Floor at Adriance, and are 90 minutes, unless otherwise noted. Registration is required for all classes. An instructor will be in touch via email (or phone) up to 1 week before class. You must reply to retain your seat and receive a handout in the class.

Closed January 1, 20; February 17.

### Personal Assistance Drop-in; no registration.

#### Computer Lab

Monday - Friday 11 am - 1 pm, ADR; Monday 6:15-8:15 pm, ADR; Thursday 11 am - 1 pm, BRD

Receive individualized help addressing your computer-based needs. Specific tasks staff can help with include: learning basic computer skills, creating email accounts, performing job searches, filling out job applications, formatting resumes, filling for unemployment, and creating and editing Microsoft Office documents.

#### **Teen Tech Helpers**

Saturdays, 9 am - 1 pm, Ground Floor

Students are available to answer tech questions and help you feel more comfortable with your device.

### **Technology**

# Intro to Google Drive & Docs (I) Saturday, January 11, 11 am

Learn the basics of using Google Drive that includes free Google Docs. Upload and create files, navigate Google Drive, share files and collaborate with others. *Prerequisite: Internet 101 or equivalent*.

#### Windows 10 B Friday, January 17, 2 pm

Perform basic work-related tasks, learn the new features and how Windows 10 can work with Cortana and the Microsoft Edge web browser. *Prerequisite: basic computer skills*.

# Medicare 101 / Navigate the Medicare Website (B)

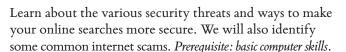
Thursday, January 23, 9:30 am; Tuesday, February 25, 9:30 am

We will help you understand the difference between Medicare prescription drug plans and Medicare Advantage Plans, and figure out which one is best for your situation. We will also help you figure out how to navigate the website so you can find the answers you need, and show you where to submit your information and sign up for your plan. Led by volunteers and staff from the Health Insurance Information Counseling and Assistance Program (HIICAP) at Dutchess County Office for the Aging. Contact: Jamie Carey (845) 486-2083.

# **Computer & Tablet Buying: Help & Tips (B)** *Friday, January 24, 2 pm*

This class will help you understand the different specifications and terms to help you be an educated shopper. Please note: we will not be covering Apple computers.

# Online Security & Common Scams B Friday, February 14, 2 pm



# Internet 101 B Tuesday, February 18, 1:30pm

Grasp the basics of internet surfing such as opening Microsoft Edge, using the minimize, restore, and close buttons, resizing windows, and using the address bar. We will also show you how you can be safe online so you can enjoy being on the internet. *Prerequisite: basic computer skills*.

# Using a Smartphone B Friday, February 21, 2 pm

This introductory two-hour class will help you unlock the unlimited potential of your smartphone. Whether you are considering a purchase, just got a new phone, or have had one for years, come to our Smartphone Class to learn how to get the most out of your smartphone. The class will cover basic Smartphone navigation features and functions.

#### **Basics**

# PC Basics (B)

Tuesday, January 7, 1:30 pm

Learn how to start up and shut down a PC; how to open, close, and resize windows; use the taskbar to move between windows. Includes practice time.

### Mouse & Keyboard (B) Tuesday, January 21, 1:30 pm

Learn about special key functions and shortcuts. Practice correcting typing mistakes and entering text into online forms. Explore the keyboard and practice with the mouse. *Prereq: basic computer skills*.

# Basic Email (B)

Tuesday, February 4, 1:30 pm

Learn how to organize your account, send email messages and attach documents such as your resume and cover letter. We will create a Gmail account in class. Prerequisite: basic computer skills.

# **Rover Stops**

Sign up for a Library Card, borrow books, movies, and audiobooks, or learn about any number of services and programs the Library District has to offer. Anyone can visit Rover during these stops. No registration required.

### **Grocery Store Visits**

10 am - 12 pm

**Stop & Shop at 44 Plaza** (59 Burnett Boulevard) Thursday, February 6

### Stop & Shop at Post Road Plaza

(2540 South Road)

Thursdays, January 9, February 13

### ShopRite of North Poughkeepsie

(Route 9 and Winslow Gate Road)

Thursdays, January 16, February 20

#### Adams Fairacre Farms

(765 Dutchess Turnpike, Route 44) Thursdays, January 23, February 27

### **Senior Center Visits** Office For the Aging (OFA)

(114 Delafield Street)

Tuesdays, January 7, February 4, 10:30 am - 12 pm

Bilingual services now available on-site!

#### Town of Poughkeepsie Senior Center **(TOP)** (14 Abe's Way)

Tuesdays, January 14, February 11, 10:30 am - 12 pm



#### **MICROSOFT OFFICE COURSES**

All are 90 minutes at Adriance; prerequisites apply.



### **Microsoft Word:** Word processor

Word 101 (B)

Monday, January 6, 3 pm Wednesday, January 8, 6:15 pm

Learn how to create, edit, format and save documents. Prerequisite: Basic computer skills.

Word 102 (B)

Monday, January 13, 3 pm Wednesday, January 15, 6:15 pm

Learn to format with styles, use the navigation pane, align content with tabs, create and utilize tables, work with spelling tools, and more. Prereq: Word 101 or equivalent.

#### Word 103 (1)



Monday, January 27, 3 pm Wednesday, January 29, 6:15 pm

Learn to work with templates, add columns to a document, insert headers and footers, and create a table of contents. Prerequisite: Word 102 or equivalent experience.

### Word 104 (1)



Monday, February 3, 3 pm Wednesday, February 5, 6:15 pm

Learn advanced formatting techniques, Quick Parts, how to create your own templates and secure your documents. *Prerequisite: Excel 103 or equivalent experience.* 



# Microsoft Publisher: Layout design

DIY with Microsoft Publisher 

B Saturday, February 8, 11 am



Learn how to create flyers and brochures. Modify text and images. Discuss how to print and publish completed projects. Prerequisite: Basic computer skills.



#### Microsoft PowerPoint: Slideshows

PowerPoint 101 (B)



Wednesday, February 26, 6:15 pm

Design beginner level presentations: Create new slides, apply slide design, add transitions, insert objects and set up animations. *Prerequisite: Basic computer skills*.

# Recommended Experience Level





Intermediate



**Advanced** 



**Expert** 

# Programas en español

Información e inscripciones con Elva Margarita al (845) 485-3445 x3321 o ecorbaton@poklib.org.

# Clases de primaria para adultos 7 de enero al 25 de febrero, 6-8 pm, ADR

Primaria en español para personas hispanohablantes de 15 años en adelante de cualquier lugar de origen.

# Clases de secundaria para adultos

7 de enero al 25 de febrero, 6-8 pm, ADR

Secundaria en español para personas hispanohablantes de 15 años en adelante de cualquier lugar de origen.

# Alfabetización 1 & 2: Clases para adultos de lectura y escritura

9 de enero al 27 de febrero, 6-8 pm, ADR

Alfabetización en español para jóvenes y adultos en edad de 15 años en delante de cualquier nacionalidad hispanohablante. Informa a tus conocidos y familiares que no obtuvieron su educación básica y desean aprender a leer y escribir.

Clases y materiales gratuitos. Al concluir los niveles de primaria y secundaria el estudiante recibe su certificado válido en su país de origen. Inscripciones directamente en la biblioteca. Presentar acta de nacimiento e identificación con fotografía.



### Computación básica

Jueves, 6 de febrero, 5 pm, ADR

Aprende cómo encender y apagar una computadora; cómo abrir, cerrar, y cambiar el tamaño de las ventanas, trabajar con el escrito virtual. Se incluye tiempo de práctica. *No requiere inscripción*.

#### Ratón y teclado

Jueves, 13 de febrero, 5 pm, ADR

Explora el teclado y aprende el uso de las teclas principales, así como las teclas de función especial para acentuar en español. Manejo del ratón y el touchpad. *No requiere inscripción*.

#### Internet básico

Jueves, 20 de febrero, 5 pm, ADR

Conocimiento del navegador y explicación de sus partes y sus usos. *No requiere inscripción*.

#### Martes laboral

Martes, del 4, 11 y 18 de febrero, 6:30 pm, ADR

Aprende a navegar en sitios de búsqueda de trabajo y abrir una cuenta; llenar aplicaciones de trabajo; guía para crear una hoja de vida. Prerrequisito: tener conocimiento del uso de la computadora. *No requiere inscripción*.

# ¿Pensando en comprar tu primera casa?

11 de enero, 2 – 4 pm, ADR

Comprar una casa, especialmente la primera, puede parecer desalentador... pero con preparación y orientación, el proceso puede ser menos intimidante. Aprende qué preparación financiera se requiere, qué factores pueden afectar su elegibilidad, las diferentes opciones hipotecarias y cómo estimar lo que puedes pagar por una vivienda. Charla dirigida por María Alejandra Rojas de Ulster Savings Bank. *No requiere inscripción*.

# Entendiendo mi nómina y mi talonario de pago

25 de enero, 11 am - 12 pm, ADR

Aprende cómo descifrar tu nómina (paycheck), los descuentos de ley, cómo comparar tarifas al cambiar tu cheque, diferencias entre ingreso bruto contra ingreso neto y entender su talonario de pago (pay stub). Charla dirigida por María Alejandra Rojas de Ulster Savings Bank. *No requiere inscripción*.



#### Muévete con Zumba

Sábado, 11 de enero y 22 de febrero, 10-11 am, ADR No te quedes congelado este invierno, ejercítate con estas sesiones de Zumba. Requiere inscripción.

#### Cocina llena de amor

Sábado, 8 de febrero, 9:30 am – 12 pm, ADR Aprende a preparar una dulce receta perfecta para el Día del San Valentín. Requiere inscripción.

#### Haciendo lazos de amistad

Sábado, 25 de enero y 22 de febrero, 2-4 pm, ADR Socializa y elabora tu manualidad preferida: tejido, bordado, costura, colorear. Lo que a ti te guste más, ven y hazlo acompañada. No requiere inscripción.

# Para los niños: Hora de cuentos bilingüe Viernes, 10 de enero al 14 de febrero, 3-3:30 pm, SPD

Disfruta de cuentos, música y manualidades. Para familias con niños de 1 a 5 años. Para más información: contactarse con Isabel Martinez-Pagan,

(845) 485-3445 x3358.

# Mostrador de Referencia e Información en español

Martes y jueves, 1-3 pm; Miércoles, 10-12 pm, ADR

Información general, llenado de formas físicas y en línea, formato a cartas o documentos, inscripciones para los programas de la biblioteca, solicitud de pases gratuitos para parques, museos y atracciones que ofrece la biblioteca, solicitud de traducciones, y servicio de notario en español. *No requiere inscripción*.

# Recursos gratuitos en español

- Britannica Escolar Primaria y Britannica Escolar Secundaria ofrece contenido preciso y dirigido a hablantes nativos de español, estudiantes bilingües y estudiantes de español.
- Informe Académico (Gale OneFile) Busque en revistas académicas en español y portugués con acceso completo sobre América Latina.
- Transparent Language Los estudiantes de idiomas pueden ampliar su vocabulario, practicar sus habilidades y poner en práctica lo que van aprendiendo con Transparent Language Online, teniendo acceso en cualquier momento y desde donde se encuentren en más de 110 idiomas.

# Notario en español y inglés

Servicio de Notario Público disponible en la Biblioteca Adriance Memorial. No requiere cita, pero si desea confirmar la disponibilidad de nuestros notarios en español puede hablar con Elva Margarita (845) 485-3445 x3349.

Debe presentar una identificación con fotografía vigente y firmar el documento en presencia del notario.



# Teen

Registration is required except where noted. Programs are held in the Teen Room at Adriance Memorial Library unless otherwise noted.

Closed January 1, 20; February 17.

#### **All Ages Chess Club**

Mondays, January 6 - February 10, 5-7 pm, BRD

Explore the enigmatic world of chess by playing against and learning from others in our community. Bring your own board, or play on one of ours! All ages and skill levels welcome. *No registration required.* 

#### **Drop-In Teen Gaming**

Monday, January 6 - February 10, 4-8 pm

Visit the Teen Room to play games on our Nintendo Switch! Up to 4 players at a time; please bring positivity and kindness to our gaming community. *No registration required.* 



Monday, January 6 – February 10, 6-7:30 pm, BRD

Common Sense Self-Defense is a selfdefense class for females ages 12-18 to learn everyday common sense self-defense strategies! This program is led by a certified self-defense instructor. A signed safety waiver is

contingent for participation. Registration required.

# **Drop-In Art Programs**

Tuesday, January 7 - February 11, 4-8 pm

Each week, we'll explore a different art project, allowing you to express your creativity and try new techniques. Whether you're into painting, drawing, or mixed media, there's something for everyone. This is a perfect opportunity to unwind, meet new friends, and unleash your artistic side. No prior experience is needed; bring your enthusiasm! *No registration required*.

#### **Teens/Tweens Chess Club**

Tuesday, January 7 – February 11, 6-8 pm, ADR

Join us weekly — the more you attend, the more your chess skills will improve!! From beginners to advanced players, all are welcome to join us in the fun! Semi-formal instruction provided when available. Recommended for Grades 6-12. *No registration required.* 



Teen LEGO builds on display! Join the Teen LEGO Builders and show off your own creative skills!

### **Anime/Manga Club**

Wednesdays, January 8, 22, February 5, 5-6 pm

Monthly, we'll watch a couple of episodes of a selected anime series and then discuss its corresponding manga. It's a great way to connect with fellow fans, share recommendations, and enjoy some fantastic stories together. Everyone is welcome. *Registration required*.

### Young Adventurers Guild: D&D Club Saturdays, January 11 – February 15, 2-4:30 pm

Want to play D&D or learn how? We have everything you need: a Dungeon Master, adventures, maps, and minis. Snacks, drinks, and dice are provided. Roll up a new character or play a pre-generated one. All you need is your imagination! For Grades 6-12. *No registration required.* 

#### **Teen LEGO Builders**

Tuesdays, January 14, 28, February 11, 5-6 pm

Each month, we'll meet to build LEGO sets and/or create our own LEGO builds. Try out LEGO Technic Creator Expert and LEGO Idea sets. *Registration required*.

#### **Horror Book Club**

Wednesdays, January 15, 29, February 12, 5-6 pm

Ages 12-18 meet once a month to explore new and classic horror novels, share recommendations, and dive into group discussions about our favorites. Die-hard fans and those new to the genre welcome. Registration required; register once to attend all programs.



# Jam Fest! Student Showcase Community Concert

Thursday, February 20, 6-8 pm, Lateef Islam Auditorium (FPC), 29 N. Hamilton Street

Join us for our first ever Jam Fest! An exciting evening of music to showcase the talents of the student musicians from Poughkeepsie School District! Show your support for their talents and the hard work of these dedicated students. Light refreshments will be served in the lobby. *No registration required*.

# **Volunteer Opportunities**

Are you a teenager looking for a way to give back to your community and gain valuable experience at the same time? Consider becoming a teen volunteer with the Poughkeepsie Public Library District! Our teen volunteers assist with a variety of tasks, like helping with programs, and more!

Required Certificate: All library volunteers must be certified in NYS Sexual Harassment Prevention Training. Visit poklib.org/youth, or contact Anne Messley amessley@poklib.org, or Kayleigh khartnett@poklib.org, or call (845) 485-3445 x3320 for more information.



Scan the QR code to view more details about our volunteer positions for community service credit and how to apply.

# Volunteen Drop-In Days Tuesdays, January 7, February 4, 5-8 pm

This is a monthly program for registered PPLD teen volunteers to have the opportunity to work on a project assisting a community partner and earn volunteer hours. Register at **poklib.org/youth/teen-volunteers** to become a Volunteen.

# Children's Book Festival Volunteers Saturday, March 29

Please contact Michele Muir at x3325 or **mmuir@poklib.org** if interested. Thank you!

# Library Card Art Contest to Reopen Due to Typo

A Note from Our Designer Charlotte: Due to a typo in the first advertisement that I published for this contest, we didn't receive all of the submissions that were sent. In an effort to give anyone who may have submitted artwork another chance to be considered, please make sure your emails are directed to exhibits@poklib.org, not .com, as was previously published. I'm sorry for any inconvenience and I hope to see all of the artwork that was directed to the wrong email address soon!

It's time to update our teen library card. But we want you to design it! The winning design could be featured on our next teen library card! Win some PPLD swag, have a reception this spring, and gain recognition for your work!

#### Deadline: Saturday, March 1, 11:59 pm

- Submissions must be by PPLD residents aged 12-18.
- Your submission must include your full name, age, and current grade (if applicable), as well as contact details for both yourself and your legal guardian (if under 18).
- Bear in mind that some of the library's information will have to go on the front of the card, such as our logo, so less "busy" designs will have a better chance. We will add these things, however, so please do not add logos or writing to your design.
- Make your design as large as you want while creating it, but remember that library cards are tiny!
- Please submit landscape (horizontal) designs.
- Artwork must be original (and not submitted anywhere else). It can't include copyrighted material.
- Both traditional and digital art are welcome.
- No AI (artificial intelligence) may be used.
- PPLD reserves the right to make the final decision.
- All contests or drawings must be won fairly.
- By submitting a work to this contest, you entitle PPLD to use it in perpetuity, including with any modifications we deem necessary for our use.
- If you do not receive an email confirming that we have received your submission, please contact Charlotte.

With any questions, please email or call Charlotte, x3317.



You can always check out the latest bestsellers on our new shelf!



# **Early Childhood**

PPLD supports early literacy through high-quality programs and resources. We'll help you find the answers you need as you raise the next generation of citizens. For these programs, children must be accompanied by an adult caregiver. Registration is not required, except where noted.

Closed January 1, 20; February 17.

#### At Adriance ·

### **PLC: Preschool Learning Center Story Time**

Mondays, January 6 – February 10, 10-11:15 am Tuesdays, January 7 – February 11, 10-11:15 am

Weekly themed stories, music and movement, sensory art activities, and developmentally open-ended play in the several centers in our Preschool Learning Center classroom. For children aged 3-5. Registration required. Please register for either a Monday or Tuesday session.

#### **Toddler Time**

Tuesdays, January 7 - February 11, 10-11 am

A story time for 2-year-olds with books, rhymes, flannel board stories, and music followed by play time.

### **Baby Time**

Wednesdays, January 8 - February 12, 10-11 am

Join us weekly for Baby Time! We'll play, sing, read, listen to music, and move our bodies to help support the development of your baby's pre-literacy, social, and motor skills. Come early or stay late to play and socialize with other babies and caregivers! Siblings are welcome. For 0 - 24 months.

#### **Music & Movement**

Thursdays, January 9 – February 13, 10-11 am

Get ready for a wigglin', gigglin', toe-tappin', hand-clappin' time! We'll dance, sing, play instruments, and end with interactive play. For ages 2-5.

### **Sensory Lab**

Fridays, January 10 – February 14, 10-11am

Enhance fine motor skills through sensory exploration and play. For children aged 18 months to 5 years. Dress for the mess!



### **At Boardman Road**

### **Preschool Story Time**

Mondays, January 6 - February 10, 10-10:30 am

Stories, songs, action rhymes, and small craft for ages 3-5. Parents and siblings welcome.

### **Baby Rhyme & Play Time**

Mondays, January 6 - February 10, 11-11:45 am

Features songs, rhymes, finger plays, and stories. For 0-18 months.

### Walk & Wiggle

Wednesdays, January 8 - February 12, 10-11 am

This language enrichment program serves as a transitional story time for walkers as they prepare for toddler story times. The program features songs, rhymes, finger plays, and stories. For 18-24 months.

#### **Toddler Time**

Thursdays, January 9 - February 13, 10-10:30 am

A story time for 2-year-olds featuring books, rhymes, flannel board stories, and music.

### **Toot & Scoot & Play**

Thursdays, January 9 - February 13, 10:45-11:30 am

Movement and music program featuring songs, instruments, rhymes, and interactive play for children. Walkers – age 5.

#### At SPD ·

# Bilingual Family Morning Story Time

Fridays, January 10 – February 14, 10:30-11 am

Join us for stories, music, and crafts. For families with children aged 1 to 5. No registration required.



# **Series for Children**

Registration is required except where noted.

Closed January 1, 20; February 17.



#### At Adriance

### Stories in the Story Nook

Mondays, January 6 - February 10, 4-4:30 pm

Join us for a storytime in the Story Nook! Recommended for grades PreK- grade 3. *No registration required*.

#### **Kids' Chess Club**

Tuesdays, January 7 – February 11, 6-8 pm

Join us weekly for meetings — the more you attend, the more your chess skills will improve! From beginners to advanced players, all are welcome to join us in the fun! Semi-formal instruction provided when available. Recommended for up to Grade 6. *No registration required.* 

### **Kids' Retro Gaming Club**

Thursdays, January 9, 23, February 6, 4-5 pm

Come hang out and play some NES and Super Nintendo games!

#### **Homeschool Social Hour**

Fridays, January 10, February 7, 14, 1-2 pm

Meet other families and spend time at the library. Play games, read books, do crafts, ask questions! Recommended for families with children aged 4-11. *No registration required.* 

### **Kids' Open Art Studio**

Tuesdays, January 14, February 4, 4-4:45 pm

Join us for an unstructured open art studio! Choose an art project to work on from a selection of materials. This is a drop off program but parents are welcome to wait in the children's room. Recommended for Grades 3-6. **Registration required.** 

# Little STEAMers for Homeschoolers Series

Wednesdays, January 15, 22, 29, 11:30 am Thursdays, January 16, 23, 30, 1:30 pm

If you love the library and are a homeschooler, come and enjoy completing various STEAM challenges! Aligned with NYS curriculum standards. Recommended for Grades 1-5. *Please register for either the Wednesday or Thursday session*.

Week 1: Playing with Your Food à la Makey Makey! Week 2: Sphero Bot Coding with Blocks & Javascript Week 3: Engineering Build to the Rescue!

#### **Art & Stuff**

Tuesdays, January 21, February 11, 4-4:45 pm

Come make art! Use our arts and crafts supplies to express your creativity. *Registration required?* 

# Smitten With Books Reading Challenge Monday, December 23 – Wednesday, February 5

Starting December 23, pick up your "We are Smitten with Books!" Book Card and read as much as you can until February 5! Bring your Book Card to the Children's Desk every time you finish reading to get another card, along with a mitten to color and hang up on our winter snow globe! \*Attend the Smitten with Books Snow Gala on Wednesday, February 5 to receive your *cool* prize and celebrate! *No registration required*.

#### At Boardman -

# **LEGO** and More: Brick Building

Monday, January 13, February 3, 4-5:30 pm

Join us for a family Lego open play. Come and build creations out of the library's collection of bricks. All ages welcome, best for ages 5+. *No registration required.* 

### **All Ages Chess Club**

Monday, January 6 - February 10, 5-7 pm, BRD

Explore the enigmatic world of chess by playing against and learning from others in our community. Bring your own board, or play on one of ours! All ages welcome. *No registration required*.

# Children

#### At Adriance

Registration is required unless otherwise indicated.

### **Sphero Bot Free Play!**

Monday, January 6, 3:30-5 pm

Come celebrate National Technology Day and try your hand at coding our Sphero Bots to light up, move around, talk, and more! Recommended for Grades K-5.

### **Cardboard Party!**

Wednesday, January 29, 1:30-3 pm

What can you build using only cardboard, tape, scissors and your imagination? Stay for 10 minutes or hours—it's up to you! *No registration required*.

# We Are Smitten with Books Reading Challenge Snow Gala

Wednesday, February 5, 4-5 pm

Join us for an enchanted Snow Gala where talk of classic tales and modern adventure stories fill the air. Dress in your winter best and be prepared to receive your *cool* prize if you participated in our "We Are Smitten with Books!" Reading Challenge. Make a winter craft, enjoy some cocoa & cookies, and hear stories that bring us all together. For Grades K-5.

# **Grand Hearts & Little Hands: A Valentine's Celebration**

Wednesday, February 12, 4-5 pm

Join us for a heartwarming Valentine's celebration honoring the special bond between parents/grandparents and their *grand* children! Create cherished memories with fun, crafts, and sweet treats. Dressing up is encouraged. For Grades PreK-5.

### Valentine's Day Crafts

Thursday, February 13, 4-4:45 pm

Love is in the air! Join us for some lovely Valentine's Day crafts. Recommended for Grades K-5.

### At SPD -

# **Dog Show Scavenger Hunt**

January 6 - February 28

Can you find all 16 puppers hidden in the SPD library? No registration required — grab a sheet!

#### At Boardman Road-

Registration is required unless otherwise indicated.

#### **Six-Sided Snowflakes**

Thursday, January 16, 4-4:45 pm

Let's have some fun folding and cutting paper snowflakes! Recommended for Grades 1-6.

#### K-2 Stories & Crafts

Wednesday, January 22, 4-4:45 pm

Join us as we share some of our favorite picture books and make a special craft afterwards. Recommended for Grades K-2.

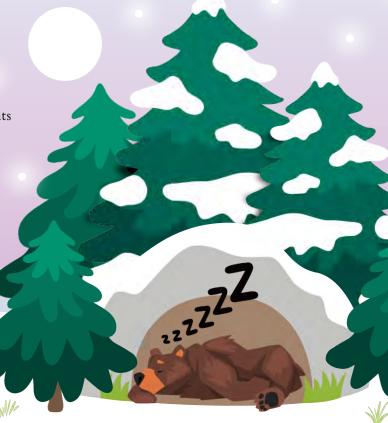
### It's a Snowy Owl Winter!

Thursday, February 6, 4-4:45 pm

Let's make a cute snowy owl craft. Dress for the mess. Recommended for Grades K-5.

# **Love Monster & Valentine Chocolates** *Monday, February 10, 4-4:45 pm*

Let's make some chocolate Valentine pretzels and read the story of *Love Monster and the Last Chocolate*. Recommended for grades K-6.





### **MAP Pass Interruption**

PPLD was informed late in November that the company that supported the software by which the MAP Pass program was managed will cease operations as of December 31, 2024. While staff evaluate available options to support the program, we regret to inform patrons that it will be suspended as of January 1, 2025. We hope for a full restoration in February. Thank you for your patience.

# Nurture Your Mind and Body: New Year Self-Care Through Library Services

As the new year rolls in, many people reflect on their resolutions. Instead of committing to lofty goals, consider framing your intentions as pathways to better self-care. The library has services that can support you in this journey. With a vast array of resources at your fingertips, focusing on your well-being becomes not only achievable, but enjoyable.

Dive into a wealth of health books and cookbooks available. These publications offer delicious recipes that promote healthy eating, along with advice for maintaining a balanced lifestyle. Additionally, consider exploring the latest fitness magazines that the library has; they provide tips and guides to help you kick-start your wellness journey.

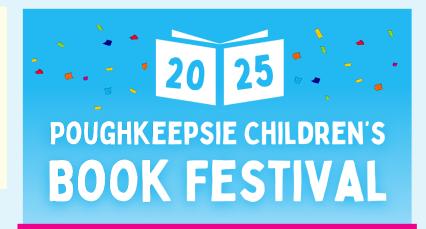
Premium digital library services like Hoopla and The Great Courses provide instant access to educational content. On Hoopla, you can indulge in yoga and fitness classes from the comfort of your home, allowing you to practice at your own pace. The Great Courses also offers various topics that enhance physical and mental well-being.

There are free, in-person library programs like Tai Chi, On Your Feet! Joyful Strategies for Managing Neuropathy, and Cultivating

Compassion: Loving Kindness Meditation and Reiki (see page 8) that can teach you healthful and spiritual ways to care for yourself, too.

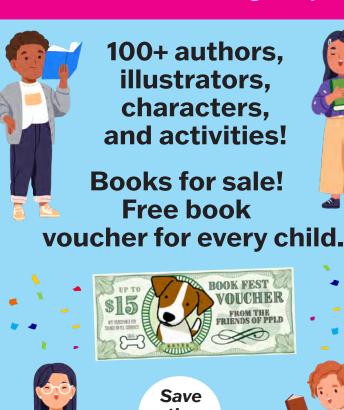
Investing time in these resources fosters a holistic approach to self-care, making it easy to integrate learning into your daily routine. With the support of the Library District, you can transform your New Year's resolutions into a fulfilling self-care regimen.

- Yvonne Laube, Contributor



# **Saturday, March 29**Falcon Hall, DCC

50 Mascot Drive, Poughkeepsie









93 Market Street Poughkeepsie, NY 12601 NONPROFIT ORGANIZATION U.S. POSTAGE PAID NEWBURGH, NY PERMIT #2290

#### poklib.org/about-the-friends



The Friends of PPLD is an independent entity organized to support the Library District.

#### Visit the Friends' Book Store:

Tuesday, Thursday, Saturday, 10 am - 4 pm

**Get in touch:** (845) 485-3445 x3423 *Facebook:* PoughkeepsieLibraryBookStore

# **Mystery Mondays Book Club**

Mondays, 11 am, BRD. No registration required.

January 27: King and Maxwell by David Baldacci

February 24: The Burglar in the Library by Lawrence Block

# **Longtime Friend Gail Brittain Retiring from the Book Store**

Over the past 20 years, Gail Brittain touched an incredible number of books, CDs, DVDs and records. How many? It's hard to tell. Tens of thousands, to be sure. Likely hundreds of thousands. Potentially millions.

As a key volunteer for the Friends of the PPLD, she and her team sorted through these donations to determine what could



be sold in the Friends Book Store, with proceeds benefiting the district's libraries — and ultimately, the greater Poughkeepsie community. Through every inspection, evaluation, and decision, she had one motivation: supporting the Friends' and Library District's mission of community education and literacy.

Now, after two incredible decades of tireless volunteer service for the Friends, Gail is retiring.

"At 86 and in good health, it's time to move on," she said. "Since I no longer have any personal ties to the Hudson Valley, I'll be moving to Maine, where my sister and her family live. I'll miss the wonderful volunteers. We're like family."

Gail, who taught math at Dutchess Community College for 35 years, first volunteered for the Friends after seeing a newspaper announcement. As a "book person," it seemed a perfect fit. She sorted donated books by sales potential and subject categories, and after 10 years, started volunteering at the Friends Book Store on Boardman Road. The store, run entirely by volunteers, sells quality books at greatly discounted prices.

As Chair of the Friends' Book Store Committee, she was a prime contributor in opening the massive Book Store, where tens of thousands of books, CDs, DVDs and more are on sale. Her role as Co-Manager included supervising warehouse operations — training volunteers, sorting donated books and media, and shelving them for sale.

"It's amazing to see how many brand-new books are donated. And seeing some special books — like the one signed by Albert Einstein — is lots of fun!" she said.

The Book Store's annual Holiday Sale at the Young-Morse Historic Site on Route 9 in the Town of Poughkeepsie is another great satisfaction for Gail. "The fun part is the logistics," Gail said, crediting longtime volunteer Frank Van Zanten's mentoring. That includes transporting tens of thousands of books from the Book Store, setting up, helping manage the sale, and cleaning afterward. Now, though, after millions of books and untold hours of volunteering, a new chapter opens for Gail.

"I really enjoyed recycling so many books and providing them so inexpensively to the public," she said.

Congratulations, Gail, and thank you for all you've done for the Friends of PPLD and our community!