The Centers for Disease Control and Prevention asks that people avoid traveling to minimize the chance they will expose themselves or others to the coronavirus. For those who have to travel, nevertheless, the CDC provides a useful online tool which links to state and local restrictions by city, state or ZIP code:

More detail guidelines about travel during COVID-19 is found on the following CDC site:


Some states are moving faster than the federal guidelines for COVID-19. They have dropped statewide mask mandates and loosened COVID-19 restrictions over the past week. But Dr. Anthony Fauci, NIAID Director and the chief medical advisor to the President, gave us a message on “Face on Nation” on March 7, 2021 as following: “...the message we're saying is that we do want to come back carefully and slowly about pulling back on mitigation methods, but don't turn that switch on and off because it really would be risky to have yet again another surge, which we do not want to happen because we're plateauing at quite a high level..."