



Tuesday's Tip

information provided by Adriance Memorial Library to make your life a little bit easier

Zika Virus Resources

April 19, 2016

This headline-making illness is *not* currently spread locally, but rather was picked up by travelers. None of the Hudson Valley cases of Zika Virus to date were contracted in the United States.

That said, people are concerned about its presence here. With science now proving that serious health consequences are linked to the contraction of the Zika virus- spread by mosquito to human transmission- it's prudent to increase public awareness, and do what we can to prevent further spread of this disease. To help you stay informed, this Tip will direct you to some of the best sources for public health information.

New York State Department of Health has a site devoted to Zika information.

https://www.health.ny.gov/diseases/zika_virus/

The screenshot shows the New York State Department of Health website. At the top left is the New York State logo. A navigation bar includes links for Services, News, Government, and Local. Below this is a secondary navigation bar with Department of Health, Individuals/Families, Providers/Professionals, Health Facilities, and Search. The main content area has a breadcrumb trail: You are Here: Home Page > Diseases & Conditions > Zika Virus. The title is 'Zika Virus'. Under 'Zika Information line', the phone number 1 (888) 364-4723 is listed for Monday-Friday, 9 am to 5 pm. The 'Information for the Public' section lists three resources: 'Zika Virus Testing Fact Sheet' (PDF, 89KB), 'Mosquito Bite Prevention for Travelers' (PDF, 210KB), and 'Zika Virus Travel Advisory for Pregnant Women' (color and black and white PDFs, 2MB). Each resource is available in Spanish, Italian, Korean, Portuguese, Russian, Chinese, and Haitian Creole. The 'Information for Health Care Providers' section lists 'NYSDOH Zika Virus Information for Health Care Providers'. A 'Frequently Asked Questions' section is also present, with the first question: 'What is NYSDOH and its local health departments doing to protect New Yorkers from Zika virus?'. The answer states that NYSDOH is concerned about returning travelers, particularly pregnant women, and that laboratory testing is available at Wadsworth Laboratories. It also mentions tracking the distribution of Aedes albopictus through enhanced mosquito surveillance.

The federal Centers for Disease Control and Prevention (CDC) has detailed information.

<http://www.cdc.gov/zika/>

The screenshot shows the CDC website page for Zika Virus, specifically the 'ZIKA & PREGNANCY' section. The page features a large image of a pregnant woman with a mosquito icon. The main navigation bar includes the CDC logo, a search box, and a 'CDC A-Z INDEX' dropdown. Below the navigation, there are social media icons and a language selector set to 'English'. The main content area is divided into several sections:

- Spotlight:** A link to 'What you should know about Zika virus and sexual transmission'.
- At A Glance - Zika in the U.S. (as of April 13, 2016):** A summary of cases reported in the US States and US Territories.
- US States:**
 - Travel-associated Zika virus disease cases reported: 358
 - Locally acquired vector-borne cases reported: 0
 - Total: 358
 - Pregnant: 31
 - Sexually transmitted: 7
 - Gullain-Barré syndrome: 1
- US Territories:**
 - Travel-associated cases reported: 4
 - Locally acquired cases reported: 471
 - Total: 475
 - Pregnant: 58
 - Gullain-Barré syndrome: 1

A 'More >' button is located below the 'At A Glance' section. Below the main content area, there are several informational boxes:

- ABOUT ZIKA VIRUS DISEASE:** Zika virus disease is caused by Zika virus and is spread to people primarily through infected *Aedes* mosquitoes...
- AREAS WITH ZIKA:** Countries and territories with active Zika virus transmission...
- SYMPTOMS, DIAGNOSIS, & TREATMENT:** Most common symptoms are fever, rash, joint pain, or red eyes...
- FOR HEALTH CARE PROVIDERS:** Clinical evaluation, disease, diagnostic testing, obstetricians, pediatricians...
- PREVENTION:** No vaccine exists... Prevent Zika by avoiding mosquito bites...
- FOR PREGNANT WOMEN:** Questions & answers, travel information, microcephaly, avoiding mosquitoes...

The 'What's New' section lists several recent updates, including the Zika Action Plan Summit and various doctor's visit checklists for pregnant women.

If there is important local health information, our local Mid-Hudson Health Departments will provide us with the information we need.

Dutchess County Public Health Updates -

<http://www.co.dutchess.ny.us/CountyGov/Departments/DBCH/16586.htm>

Ulster County Public Health Notices- <http://ulstercountyny.gov/health/public-health-notices>

Putnam County Health Department - <http://www.putnamcountyny.com/health/>

Columbia County Department of Health - <https://sites.google.com/a/columbiacountyny.com/health/>

Greene County Public Health - <http://greengovernment.com/departments/public-health>