



Tuesday's Tip

information provided by Adriance Memorial Library to make your life a little bit easier

Consumer Health Information e-Resources

February 20, 2018

Today's tip offers a list of credible **Consumer Health Information Resources available on the internet**. Click on the name of the website or, copy and paste the link into your web-browser.

*Please Note: although this list has been compiled and vetted by the National Library of Medicine, they advise consumers to... **read the disclaimer.**



MedlinePlus – (www.medlineplus.gov)

Created by the National Library of Medicine, this is the first place to go with ANY consumer health related question. Sites are current, reviewed, reliable, and accurate. MedlinePlus includes an encyclopedia, dictionary, drug database, several directories, and current news items. There are no advertisements on this site.

ClinicalTrials.gov – (<https://clinicaltrials.gov/>)

ClinicalTrials.gov provides regularly updated information about federally and privately supported clinical research in human volunteers. ClinicalTrials.gov gives you information about a trial's purpose, who may participate, locations, and phone numbers for more details. – Not sure where to start, after reading through *Learn about Studies*, click on the *Find Studies* (drop-down menu) and select: *See Studies by Topic*.

NCCIH: National Center for Complementary and Integrative Health – (<https://nccih.nih.gov/>)

The National Center for Complementary and Alternative Medicine (NCCAM) is 1 of the 27 institutes and centers that make up the National Institutes of Health (NIH). This site includes information about treatments and therapies for Complementary and Alternative Medicine. Learn about how to be an informed consumer of CAM and stay informed on the latest new alerts.

[National Library of Medicine](https://www.nlm.nih.gov/) – (<https://www.nlm.nih.gov/>)

Find a complete list of National Library of Medicine databases and web resources on this site.

[American Heart Association](http://www.americanheart.org) – (www.americanheart.org)

Many advocacy organizations have excellent websites, but one of the best is from the American Heart Association. The site covers all aspects of heart disease and stroke.

[Cancer.gov](https://www.cancer.gov/) – (<https://www.cancer.gov/>)

The National Cancer Institute is the Federal Government's principal agency for cancer research and training and is a component of the National Institutes of Health. The site provides quality cancer information on cancer topics including news, clinical trials, statistics, and research and funding.

[Yoursurgery.com](http://www.yoursurgery.com) – (www.yoursurgery.com)

YourSurgery.Com® provides easy to understand information for common and specific surgical procedures. YourSurgery.Com® organizes the information so that you and your family can understand each procedure and help you ask your physician questions. Below is a list of the topics explained for each procedure:

- o Anatomy of the operative site
- o Alternative surgical solutions
- o Pathology of the Illness
- o Possible complications of surgery
- o Symptoms associated with the condition
- o Post Operative Care
- o Methods of diagnosis
- o Innovations in surgical technique
- o Concise description of each surgery



Compare Health Organizations –

[Leap Frog Group](http://www.leapfroggroup.org/) – (<http://www.leapfroggroup.org/>)

[HealthGrades](https://www.healthgrades.com/) – (<https://www.healthgrades.com/>)

[Joint Commission](https://www.qualitycheck.org/) – (<https://www.qualitycheck.org/>)



[Drug Information Portal](http://druginfo.nlm.nih.gov/drugportal/drugportal.jsp) – (<http://druginfo.nlm.nih.gov/drugportal/drugportal.jsp>)

The NLM Drug Information Portal gives users a gateway to selected drug information from the National Library of Medicine and other U.S. governmental agencies like the FDA and CDC.

[Daily Med](http://www.dailymed.nlm.nih.gov) – (www.dailymed.nlm.nih.gov)

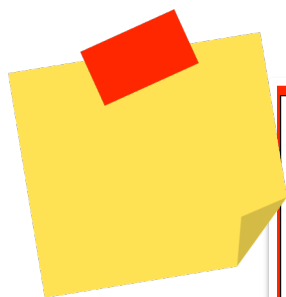
DailyMed provides high quality information about marketed drugs. Drug labeling on this site is the most recent submitted to the FDA and currently in use. The labels have been reformatted to make them easier to read.

[Dietary Supplements Labels Database](http://www.dsld.nlm.nih.gov/dsld/) – (<http://www.dsld.nlm.nih.gov/dsld/>)

The dietary supplements labels database offers information about label ingredients from 4,000 brands on dietary supplements. It enables users to compare ingredients in different brands. Ingredients are linked to NLM resources like MedlinePlus and PubMed as well as other government online resources.

[Drugs.com](http://www.drugs.com) – (<http://www.drugs.com>)

Although a .com site, the drug information database is powered by four independent medical-information suppliers: Wolters Kluwer Health, American Society of Health-System Pharmacists, Cerner Multum and Thomson Reuters Micromedex. Individual drug or drug-class information content compiled by these sources is delivered complete and unaltered by Drugs.com



As always,
please feel free call the
Reference desk at
(845) 485-3445 x3702
with questions
or
to request materials.